

2015 COEUR D'ALENE SPRING BREAK
UNPLUG AND BE OUTSIDE ACTIVITIES
Sponsored by the Coeur d'Alene Recreation Dept. and Ironman CDA

Monday, March 30th – **Tennis** – 11 AM–1 PM – Cherry Hill Courts – 1525 E. Hazel, Participants ages 10 and above will be introduced to tennis. Instruction will be given for those new to tennis. Please bring your own tennis racket.

Monday, March 30th – **Fly Fishing** - 2:00–4:00 pm – Persons Field– 15th & Garden. Castaway Fly Fishing Shop teaches the art of fly fishing in step by step procedure on how to make a consistent accurate cast.

Monday, March 30th – **Archery** - 5:30-7:30 pm – 6878 Meyer Road, Post Falls. Those attending this introduction to archery will have the opportunity to learn technique, safety and archery skills games that will allow them to begin and continue building on their archery skills. Through this activity participants will learn that archery can become a lifetime activity that builds skill, respect and character. All instruction will be done by the CDA Bowmen and their experienced members. Some equipment will be provided; however those who have their own are encouraged to bring it.

Tuesday, March 31st – **Golf** – 10 AM – Ponderosa Springs Golf Course – 1291 N. Galena Drive. Participants ages 10 and above will be introduced to golf. Instruction will be given for those new to golf. A putting green and driving range will be used. Golf Clubs will be provided.

Tuesday, March 31st – **Mudgy & Millie Storybook Tour** -1:00 pm — Starts at the base of Tubbs Hill. Mudgy the moose follows the story in the book from Tubbs Hill to the library. From there participants can follow the route to 3rd street and Sherman Park, and if they like, continue to City Park and then to Independence Point. The walk is 2 ¼ miles long.

Tuesday, March 31st - **Disc Golf** - 5:30-7:00 pm. The Landings Park -3849 West Long Meadow Drive. In this introduction to disc golf participants will be instructed on proper throwing techniques with various types of discs. Participants will test their skill throwing at the disc golf goal as well as other objects while working on technique and throwing for accuracy. After instruction from Mr. Wardian and his team, participants will have the chance to test the skills they have learned by playing the disc golf course at Bluegrass Park. This is a great activity for ages 7 and up and for all ability levels. Equipment will be provided for those who need it, but do encourage you to bring your own if you have it.

Wednesday, April 1st – **Tennis** – 11 AM– 1 PM – Ramsey Park – 3525 N. Ramsey Road. Participants ages 7-12 will be introduced to tennis. Instruction will be given for those new to tennis. Please bring your own tennis racket.

Wednesday, April 1st – **Historical Tour** -2:00 pm – North Idaho Museum – 115 Northwest Boulevard. General Sherman (Robert Singletary) will conduct a guided tour discussing the History of Coeur d'Alene and the Area. This is an informative and fascinating story of Coeur d'Alene.

Wednesday, April 1st - **Fly Tying Class** - 5:30-6:30 pm - - Castaway Fly Fishing Shop – 1114 N. 4th St. Children will be taught how to tie their own flies so they can use them during their fly fishing experience. This will be taught by Joe Roope.

Thursday April 2nd - **MLB Pitch, Hit and Run**- Person Field – 15th & Garden – 12 PM – 1 PM. Major League Baseball Pitch, Hit & Run (PHR) is a FREE, exciting skills event for boys and girls ages 7-14, where participants have the opportunity to compete in four levels of competition starting at the local level and including Team Championship events at all 30 Major League ballparks and the National Finals at the MLB All-Star Game. Equipment is provided. Bring your own if you would like.

Thursday, April 2nd – **Tubbs Hill Walk** – 3rd St. Tubbs Hill Entrance – 3:00 PM. The Tubbs Hill Nature Trail Walk will be guided by George Saylor from the Tubbs Hill Foundation. The walk will start at the 3rd street entrance and follow the loop trail approximately 2 miles. The interpretive walk will discuss the history of the hill and the major tree and plants on the hill.

Thursday, April 2nd – **Golf** - 5:00 PM – Ponderosa Springs Golf Course – 1291 N. Galena Drive. Participants ages 6-9 will be introduced to golf. Instruction will be given for those new to golf. A putting green and driving range will be used. Golf Clubs will be provided.

Friday, April 3rd – **Skyhawks Camps Play Day** – McEuen Field – 710 Mullan Avenue – Skyhawks youth sports camp are committed to providing a safe, fun, and skill-based experience for kids between the ages of 3 and 12. They are safe, fun and skill-focused. These camps and programs, led by expert staff, are generated toward youth looking for a sport introduction or those who want to refine and master their sport-specific skills. This play day is an introduction to Skyhawks Camps that are put on during the summer break.

Tinyhawk – Ages 3-4 – 10:30 – 11:15 AM

Mini-hawk – Ages 4-7 – 10:30 -12:00 PM

Soccer – Ages 7-12 – 1-2 PM

Basketball – Ages 7-12 – 2-3 PM

Friday April 3rd - **Pickleball** – 2:00 – 5:00 PM – McEuen Park – 710 Mullan Avenue. The fastest growing sport in America. This is a paddle sport played with a net and a wiffle ball. Participants meet at the tennis court. All equipment will be provided.

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For more information on any of the Unplug & Be Outside Activities call the Coeur d’Alene Recreation Department at 769-2250.